

CYCLING



What is CYCLING?

Cycling is the use of bicycles .

Bicycles can be used for very different purposes:

transport,

recreational,

sport,

and military uses:

TRANSPORT

The bicycle began to spread in the XIX century and today there are about two billion different aged people and from social background ones using this means of transport. It is still the main means of transport in many countries where mass motorization is not yet fully present. However, cycling is replacing more and more the use of cars, because of congestion, pollution, noise pollution and unhealthy impact on people of traffic



RECREATION

Recreational use of the bicycle is widespread in all ages. Cycle tourism is a recent development in the form of trips and trips of various lengths, explorations or visits over longer or shorter distances. This is a particularly economical way of getting around though it is not the usual mass tourism means of transport.



SPORT

Cycling competitions are an integral part of this discipline. It started in the last decades of the nineteenth century. It can be in different forms : track cycling, practiced inside the velodromes, road cycling, practiced on the common roads, and the cyclo-cross, practiced off-road. Since the seventies and eighties mountain biking has also become very popular. The specialties of BMX, trial, indoor cycling and paracycling are also recognized. Cycling has been an Olympic sport since 1896, even if only women's competitions have been admitted since 1984. In 2012, four disciplines are included in the Olympic program: track cycling, road cycling, mountain biking and BMX. The competitions are regulated and coordinated by the international cyclist union through continental and national organizations.



CYCLING EQUIPEMENT

.BAG



.SHOPPING CART



.ELASTIC STRINGS



.HELMET



CYCLING EQUIPEMENT PT. 2

.REFLECTIVE JACKET



.LIGHTS



.BOTTLES



.MEDICAL KIT



.REARVIEW MIRROR





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