

GARMIN CONNECT - APP

Garmin Connect is a free app created by GPS specialist Garmin.

It gives hikers the opportunity to evaluate and compare data as for example your hiking / walking / running distance in km and time, your heart rate during the hike / run / walk, and it offers satellite tracking of the route.

You can download the Garmin app for free to use on your phone and collect data during our hikes. Garmin also created a waterproof sports watch designed for runners, triathletes or hikers which it costs about 200 Euros.



Overview



Summary of all recorded data



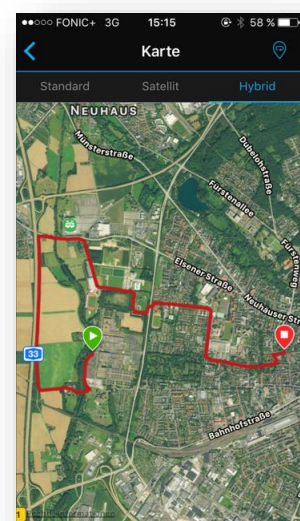
Overview of time elapsed per km



Graphic of time per km



Graphic of heart rate- & height-profile



Satellite image of the track

